

Course title	Laboratory diagnostics
Lecturer	Determined later
Lecturer's email address	
Hours	30
ECTS	5
Academic year	2020/2021
Semester	Winter / summer
Content	<ol style="list-style-type: none"> <li>1. Characteristics of the material for testing.</li> <li>2. Factors influencing the result of a laboratory test.</li> <li>3. The concept of norms, reference values and their importance in formulating a diagnosis.</li> <li>4. Basics of hematological diagnostics.</li> <li>5. Lipid metabolism disorders in laboratory diagnostics.</li> <li>6. Evaluation of the physical properties of urine, analysis by means of test strips, detection of inorganic urine components and protein and glucose in urine</li> <li>7. Determining the nutritional status of vitamin C.</li> <li>8. Enzymes and isoenzymes in diagnostics of diet-dependent diseases - interpretation of blood tests results.</li> <li>9. Laboratory tests in the diagnosis of kidney and liver diseases.</li> </ol>
Learning outcomes	<p>At the end of the course the learner is expected to be able to:</p> <ol style="list-style-type: none"> <li>1. Explain the basic concepts in the field of laboratory diagnostics.</li> <li>2. Characterize morphology and blood smear parameters as well as urine and faeces.</li> <li>3. Use the knowledge of laboratory tests useful in the diagnosis of diet-related diseases.</li> <li>4. Interpret the results of biochemical tests.</li> <li>5. Be a patient advisor in the interpretation of research results and justification for planned dietary management.</li> </ol>

	<p>6. Understand the need for continuous self-education and creatively cooperate in the field of laboratory diagnostics of diet-related diseases with other public health specialists.</p>
Selected literature	<ol style="list-style-type: none"> <li>1. Bakerman S. Bakerman's ABC's of Interpretive Laboratory Data 4th Edition.</li> <li>2. Sauberlich Howerde E. Laboratory Tests for the Assessment of Nutritional Status, Second Edition 2nd Edition</li> <li>3. Mosby's Diagnostic and Laboratory Test Reference, Elsevier 2018</li> <li>4. Harrington D. Laboratory Assessment of Vitamin Status 1st Edition, Academic Press 2018</li> </ol>
Teaching tools/methods	<ol style="list-style-type: none"> <li>1) Students presentations</li> <li>2) Seminary discussion</li> <li>3) Practical classes</li> <li>4) Test assessment</li> </ol>
Form of examination	<p>Test of knowledge</p>